



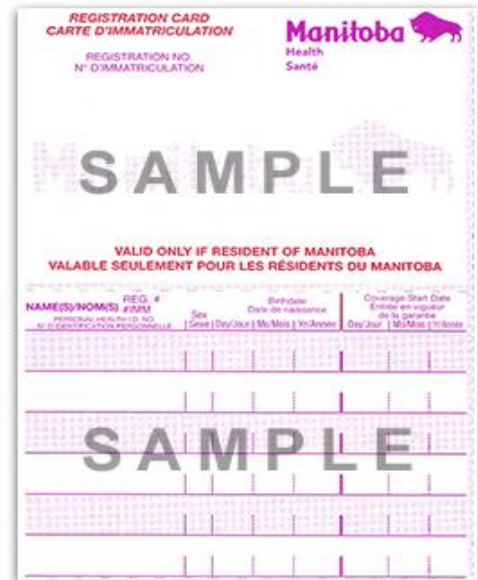
# Manitoba Health Card Registration for Ukraine Arrivals

## Welcome to Manitoba!

Ukrainians Nationals traveling to Manitoba under the federal [Canada-Ukraine Authorization for Emergency Travel \(CUAET\)](#) are eligible for health care coverage as of the date they arrive in Manitoba. Manitoba Health will issue a health insurance card (or registration certificate) to you which covers each member of your family.

The health card (see picture below) confirms your eligibility to access health services, provided you continue to reside in Manitoba. Carry your certificate with you at all times, and present it whenever you or your dependants require health services.

Manitoba Health issues a card (or registration certificate) to all Manitoba residents, which includes a 9-digit lifetime identification number for each family member.



## How do I apply for coverage?

Please complete a Manitoba Health registration form and provide copies of your identification documents (i.e. passports), your visa (either a visitor or a work visa is acceptable), and a Manitoba address where you will be residing. A temporary address such as a hotel is acceptable.

## Where can I register for a Manitoba health card?

There are three places to register for a health card:

### 1) Reception Centre

You can attend in-person at the Best Western Plus, 1715 Wellington Avenue in Winnipeg. Call 1-866-626-4862 as hours of operation may vary. Your application will be processed and your card returned to the reception centre within 48 hours.



## **2) Registration and Client Services Manitoba Health**

You may register in-person at our main counter located on the 1<sup>st</sup> floor, 300 Carlton Street. One person per household visiting the office is preferred. Your application will be processed and your card mailed to you at your residence.

## **3) Submit documents by email, fax or mail**

You can send your documents into Manitoba Health by:

- Email: [insuredben@gov.mb.ca](mailto:insuredben@gov.mb.ca)
- Fax: 204-783-2171 or toll free at 1-866-608-2983
- Mailing Address:

**Registration and Client Services**

**Manitoba Health**

300 Carlton Street

Winnipeg, Manitoba R3B 3M9

If you have any questions regarding the registration process, please contact our office at: 204-786-7101 or toll free at 1-800-392-1207

If at any time you require urgent medical attention while you wait to receive your new Manitoba health card, please call 911 (emergency services) or visit the nearest emergency department, and advise them of your status as a Ukrainian evacuee.

## **What are other available health care resources?**

### **Emergencies or Urgent Issues**

**Call 9-1-1 immediately**

### **General Health questions and guidance**

**Health Links-Info Santé** (toll-free): 1-888-315-9257

Health Links-Info Santé is a telephone health information service staffed 24 hours a day, seven days a week by knowledgeable, experienced nurses who can assist with triaging client needs.

### **Non-urgent or Emergent Care**

Newly arrived people from Ukraine requiring non-urgent care can contact settlement workers or Health Links-Info Santé for advice on where to go, or visit the local regional health authority's location pages listed below:

<b>Prairie Mountain Health</b>	<a href="http://prairiemountainhealth.ca">Our Locations (prairiemountainhealth.ca)</a>
<b>Interlake-Eastern Regional Health Authority</b>	<a href="https://www.ierha.ca/default.aspx?cid=6378&amp;lang=1">https://www.ierha.ca/default.aspx?cid=6378&amp;lang=1</a>
<b>Southern Health-Santé Sud</b>	<a href="https://www.southernhealth.ca/en/finding-care/find-a-service/clinics/">https://www.southernhealth.ca/en/finding-care/find-a-service/clinics/</a>
<b>Northern Health Region</b>	<a href="https://northernhealthregion.com/our-locations/">https://northernhealthregion.com/our-locations/</a>

**Mental Health Crisis Lines:**

<b>Klinic Crisis Line (24/7)</b>	Toll free: 1-888-322-3019
<b>Manitoba Suicide Prevention &amp; Support Line (24/7)</b>	Toll free: 1-877-435-7170
<b>Sexual Assault Crisis Line (24/7)</b>	Toll-free: 1-888-292-7565
<b>Farm &amp; Rural Stress Line</b>	Toll free: 1-888-322-3019
<b>Manitoba Addictions Help Line</b>	Toll-free: 1-855-662-6605